



*Growing Together in Mind and Body*

### **DISEASE CONTROL AND PREVENTION TIPS**

- **PARTICIPATE IN HEALTH QUESTIONNAIRE AND NON-CONTACT TEMPERATURE MONITORING TO ENTER CLINIC.**
- **ADULTS NEED TO WEAR A FACE MASK IN THE CLINIC, AS MAINTAINING 6 FT. SOCIAL DISTANCING IS NOT ALWAYS POSSIBLE. CHILDREN ALSO WHENEVER POSSIBLE.**
- **STAY HOME IF YOU OR YOUR CHILD WITHIN 14 DAYS: HAS TRAVELED OUT OF YOUR COMMUNITY, HAS HAD CONTACT WITH ANYONE HAVING CONFIRMED COVID-19 INFECTION OR ILLNESS WITH SIMILAR SYMPTOMS INCLUDING RESPIRATORY ILLNESS, COUGH, SHORTNESS OF BREATH, SNEEZING; OR FEVER WITHIN 72 HOURS.**
- **LIMIT YOUR TIME IN WAIT ROOM WHENEVER POSSIBLE.**
- **COVER MOUTH WITH ELBOW OR TISSUE WHEN COUGH OR SNEEZE, THROW TISSUE OUT AFTER EACH USE**
- **USE HAND SANITIZER, SKIN WIPES OR DISINFECTANTS PROVIDED AT ENTRANCE, BATHROOMS, HALLWAY, ETC.**
- **WIPE SURFACES IF DESIRED WITH SANITIZING WIPES PROVIDED. OUR STAFF IS SANITIZING EVERY 2 HOURS FOR COMMON AREAS. THERAPISTS ARE SANITIZING BEFORE AND AFTER EACH TREATMENT SESSION.**
- **WASH HANDS OR USE SANITIZER FOR 20 SECONDS AFTER TOUCHING SURFACES OR SNEEZING AND COUGHING. (DON'T MISS THUMBS, BETWEEN FINGERS AND WRISTS!)**
- **USE PAPER TOWEL TO TURN OFF FAUCET AFTER WASHING HANDS AND OPEN DOOR WHEN LEAVING BATHROOM**



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# HEALTH SAFETY AND PREVENTION SCREENING



**The Therapy Tree is requiring all staff and clients complete this checklist before beginning appointments until further notice. We appreciate your understanding, cooperation and patience with these health safety and protection measures during this health crisis.**

IF ANSWER TO ANY OF THESE QUESTIONS IS "YES", YOU NEED SUPERVISOR APPROVAL TO ATTEND AN APPOINTMENT IN THE CLINIC BASED ON FURTHER CONSIDERATION OF INDIVIDUAL CIRCUMSTANCES.

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Date: \_\_\_\_\_

Please circle YES or NO to the following questions:

1. Have you or the patient traveled outside of the USA in the last 14 days? YES NO
2. Have you or the patient been on a cruise ship in the last 14 days? YES NO
3. Have you or the patient been in close contact with anyone who has travelled domestically outside of your residential area/state, or internationally in the last 14 days? YES NO
4. Have you attended any events or gatherings with more than 10 people in the last 14 days? YES NO
5. Have you been in close contact with a person known to have the 2019 Novel Coronavirus? YES NO
6. Have you or the patient been asked to self-quarantine? YES NO
7. Do you or the patient have, or have had contact with anyone in the last 14 days showing any lower respiratory symptoms such as a cough or shortness of breath? YES NO
8. Have you or the patient experienced, or have you been in contact with anyone that experienced loss of taste or smell, chills or other flu- like symptoms within the last 14 days? YES NO
9. Do you or the patient have, or have had contact with anyone having a fever of 99 degrees or more within the last 72 hours? YES NO

For more information on the COVID-19 virus and things you can do to mitigate it's spread, please visit IL Department of Public Health at <https://www.dph.illinois.gov/covid19> and/or <https://www.cdc.gov/coronavirus>



# DISEASE CONTROL AND PREVENTION



The health, welfare, safety and confidence of our clients and staff are our top priority at The Therapy Tree (TTT). We are taking these added actions of prevention and control of communicable diseases given the concern about the novel coronavirus (COVID-19), flu and other health concerns.

## THE THERAPY TREE PRECAUTIONS:

- All staff are required to wear face masks when moving about the clinic until further notice. Children should wear a mask also if tolerated in common areas, and during session if able.
- Added face shields or tabletop plexiglass shields may be used during sessions as well.
- TTT will be using a screening questionnaire and non-contact thermometers to monitor for COVID-19 exposure risk or illness for safety of families and staff entering the clinic.
- All surfaces in clinic, door handles etc. will be wiped down AT LEAST EVERY 2 HOURS. All surfaces in treatment rooms will be sanitized before and after each session with hospital grade cleanser. Sanitizing items are provided at clinic entrance, treatment rooms, bathrooms, in hallways: Hand sanitizer, skin friendly wipes, Clorox wipes, Lysol spray, Thieves essential oil spray, cloth disinfectant spray.
- Therapists and counselors will make arrangements individually with families to greet and take families directly to their treatment room to reduce the number of people and amount of time spent in the waiting room.
- TTT is requiring **ONLY** necessary family member and client/child to attend sessions to limit number of people in waiting room/clinic at this time. Our waiting room will no longer have magazines or toys, etc. until further notice.
- Families may call 847-265-7300 to make required payments on day of service to reduce time in waiting area. Families may also pay online at BillFlash.com if they already have a patient account code.
- TTT is diffusing Thieves, RC (Respiratory Care) and Purification essential oils.

## INDIVIDUAL PRECAUTIONS:

- Be willing to participate with health and wellness questionnaire and non-contact temperature monitoring.
- Please have **ONLY** family member/client/child necessary for treatment session enter the clinic.
- Please wait outside if possible, in the car, at the park etc. as much as possible. Therapists will meet you at the door at beginning of session and walk children out after session whenever possible.
- Wear a face mask and keep social distance of 6 feet while in the clinic.
- Inform your service provider if you, anyone in your family with in last 14 days: has attended gatherings of 10 or more individuals, traveled outside your community, or if you or a member of your family has had contact with confirmed or suspected COVID-19 or illness with similar symptoms.
- Inform your service provider and cancel your session if you, anyone in your family, or anyone you have had contact with in last 14 days: has symptoms of respiratory illness – cough, shortness of breath; chills, shivers; loss of taste or smell, or fever of 99 degrees or higher within 72 hours of your appointment time.
- Wash your hands before and after sessions with soap and water for at least 20 seconds (sing Happy Birthday two times). If soap and water are not available, use an alcohol-based hand sanitizer with at least 60% alcohol. (REMEMBER THUMBS, BETWEEN FINGERS AND WRISTS!)
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Cover your cough or sneeze with a tissue then throw the tissue in the trash, or cough into your elbow covering your mouth.
- Use a paper towel when turning off faucet after washing hands and opening bathroom door, then throw towel away. We have also provided disinfecting wipes in each bathroom if you prefer to wipe door handles and other surfaces before use.