Meet our Providers

Laura Houston, M.A., CCC-SLP/L, CPMT

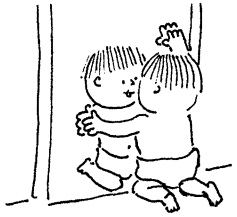
13 years experience specialized in pediatrics Certified, NOMAS® newborn & infant feeding evaluations. Certified Pediatric Massage Therapist.

Formally trained in specialized therapy techniques including: Oral-Motor/Feeding / Swallowing Therapy, Dyspraxia/Apraxia of speech, PECS, Greenspan Floortime, Myofacial Release, Craniosacral Therapy, NDT, Signed Exact English, Auditory Processing Disorder, Cued Speech, Sensory Processing Therapy, Vibrational Healing.

Zaida Medina, MA, LCPC

6 years experience in Pediatrics.

Also counsels adolescents and adults. Formally trained in specialized therapy techniques including: Cognitive Behavior Therapy, Clinical Hypnosis, Trauma Assessment and Treatment, Play/Clay/Art Therapy, Mediation, Sand Play, Rapid Trauma Resolution.



Birth to Three & Beyond

Pediatric Therapies, LLC

Tours of facilities

available by appointment

Please phone

847– 265-7300

for appointments

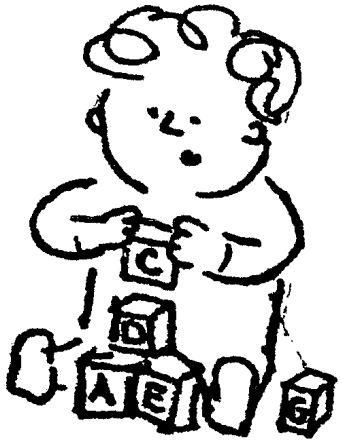
Visit our website at:

www.birthtothreetherapies.com

BIRTH TO THREE & BEYOND

Pediatric Therapies, LLC

Specialized Therapy Services
for the Early Intervention
& Pediatric Population



Early Intervention.....
Building Blocks for Life

137 Cedar Ave.
P.O. Box 764
Lake Villa, IL 60046
Phone: 847-265-7300
Fax: 847-265-7301

Little Lives....Big Dreams

MISSION STATEMENT

Birth to Three & Beyond is a group of specialized therapists committed to providing quality services to the infant and pediatric population while empowering families.

GOAL

To provide quality services in a warm, friendly, and playful atmosphere that encourages healing and optimal growth for children and families.

Services Provided

Physical Therapy and Evaluations
Occupational Therapy and Evaluations
Speech Therapy and Evaluations
Developmental Therapy and Evaluations
Counseling Services
Illinois Early Intervention Credentialed

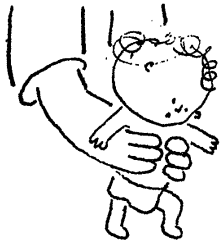
We provide holistic, family centered services including traditional and complimentary therapy methods.

Neuro-Developmental Treatment (NDT)
Sensory Processing Therapy and Evaluations
Therapy for Autism Spectrum Disorders
Newborn and Infant Feeding Evaluations
S.O.S.® Feeding Therapy
Myofascial Release Therapy
Craniosacral Therapy
Feldenkrais Method® Therapy
Visual & Auditory Processing
Therapeutic Listening
Primitive Reflex Integration
Children, adolescents, adults & couple counseling
Life/Parental Coaching
Greenspan Floortime
Socialization Groups
Vibrational Healing
Lymph Drainage
Biofeedback
Theraplay®

Meet our Providers

Over 70 years collective pediatric experience specializing in early intervention

Carol Bettendorf, M.S., PT, PCS
25+ years experience in Pediatrics
20 years experience in birth to three
Board certified Pediatric Physical Therapist
Certified in NDT, Sensory Integration, and Praxis Test and Theraplay®, Feldenkrais® Practitioner.
Formally trained in specialized therapy techniques including: Myofascial Release, Craniosacral Therapy, Threshold Electrical Stimulation, Zero Balancing, Lymph Drainage.



Rebecca S. Cain, B.S., OTR/L
10 years experience in Pediatrics
5 years experience in Hippotherapy
Formally trained in specialized therapy techniques including:
Sensory Processing Therapy, Therapeutic Listening, NDT, Myofascial Release, Kinisiotaping, Oral-Motor/Feeding Therapy, Craniosacral Therapy, Vestibular Activation, Reflex Integration..